

YEAR 11

Lesson Plan



Learning Outcomes:

- ★ Greater awareness of the effects that alcohol has on the human body and the social risks associated.
- ★ Better understanding of the mixed messages society gives about alcohol.
- ★ Increased knowledge and understanding of the impact that media and marketing can have on alcohol consumption.

	LEARNING OUTCOMES	SUBJECT AREAS	MESSAGES	RESOURCES
SECTION 1	Learning outcomes 1 & 2	<ul style="list-style-type: none"> ★ Introduction ★ Class group agreement ★ What we will cover 	The purpose of the session is to talk about alcohol, and how we view it within British society; not everyone understands the harm that it can sometimes cause - especially to young people. The class group agreement creates a safe and supportive environment for everyone.	<p>Slide Just a laugh? Let's talk about Alcohol</p> <p>Slide Classroom group agreement</p>
SECTION 2	Learning outcome 1	<ul style="list-style-type: none"> ★ What is alcohol and why is it important to learn about it? 	<p>If under the age of 18, the brain is still developing and alcohol can have harmful effects on it.</p> <p>The damage done by alcohol costs our region more than £1bn a year – that's the equivalent of £887 per taxpayer (Balance, Oct 2012).</p>	<p>Slide Know the facts</p>

SECTION 3	Learning outcome 1	★ Alcohol and your body	<p>There are many physical and emotional impacts that alcohol has upon the human body – many of which people are not made aware of.</p> <p>There are no safe limits for young people under the age of 18.</p>	Slide How can alcohol affect our bodies? and Year 11 Exploration Activities Body boards (This is a recap on session material delivered in Year 8, 9 & 10.)
SECTION 4	Learning outcomes 2 & 3	★ What role does alcohol play in our society? ★ The media and its influence	The media is very influential on our alcohol consumption. Negative headlines do not get the same publicity as alcohol advertisements. This is due to the alcohol industry spending 800 million pounds per year to promote its products in a positive way.	Slide What role does alcohol play in our society?
SECTION 5	Learning outcomes 1 & 2	★ The impacts of alcohol on a young person	Alcohol can affect your looks, your academic or intellectual performance, and your sporting performance.	Slides Alcohol & physical appearance Alcohol & your mind Alcohol & sporting performance
SECTION 6	Learning outcomes 1 & 2	★ Risk taking	Consider first thoughts on social risks, injury, risk of harm and other consequences of drinking alcohol.	Slide Any other risks alcohol might have? First thoughts...

SECTION 7	Learning outcomes 1, 2 & 3	★ Further risk taking associated to certain places	Looking at the impact these incidents and press releases would have on the person, family, friends and the wider community	Slide What are the potential risks associated with drinking alcohol in these places? and Year 11 Exploration Activities What are the potential risks associated with drinking alcohol in these places?
SECTION 8	Learning outcomes 1, 2 & 3	★ Teenage binge drinking	Young people can be at increased risk of harm when under the influence of alcohol. Sometimes there might be others who will take advantage of their intoxication.	Slide Teenage Binge Drinking or Year 11 Media Clip Teenage Binge Drinking
SECTION 9	Learning outcome 1	★ The ultimate risk of death and drowning when under the influence of alcohol	Young people can be at increased risk of harm when under the influence of alcohol; this can involve danger and long term regret. Alcohol is considered the most important single risk factor for drowning. (Drowning Research, Department of Forensic Medicine, University of Helsinki 2011)	Slide Warnings after multiple drownings in region's river Slide Don't Drink And Drown or Year 11 Media Clip Don't Drink And Drown
SECTION 10	Learning outcome 1	★ Likelihood of trouble? ★ How can we limit risk?	If young people drink alcohol they are more likely to be a victim of a violent crime, be admitted to hospital, and try illegal drugs. Strategies on how to keep safe & plan ahead for a night out.	Slide If you drink alcohol... Slide How can we make it less risky?

SECTION 11	Learning outcomes 1, 2 & 3	★ Your rights	This session was designed to give information so young people can make an informed choice. The choice is still theirs but hopefully with this new information, they can see that drinking alcohol under the age of 18 can have harmful effects. Do they feel media is influential?	Slide Your rights
SECTION 12	Learning outcomes 1, 2 & 3	★ Open discussion ★ Evaluation form	What have people learned from the session? What do they think about drinking alcohol as a young person?	Evaluation Form