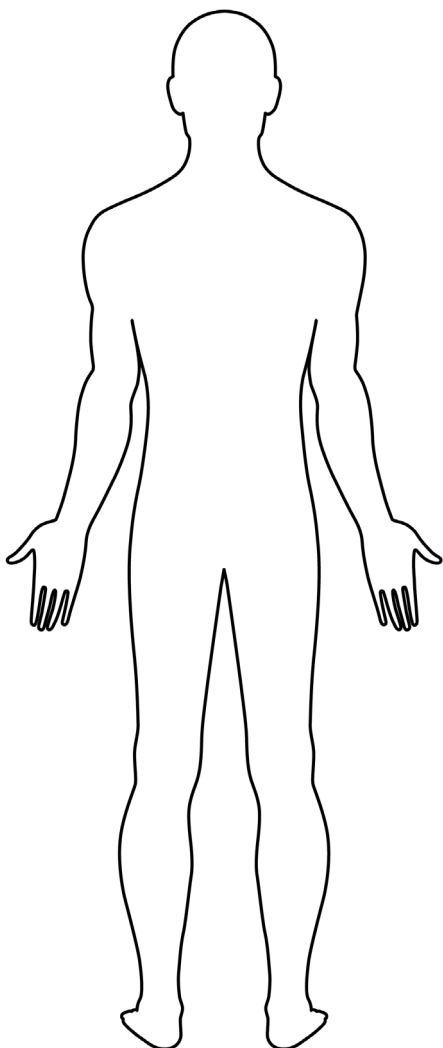


Exploration Activity: Year 8

BODY BOARDS



Approx. Time Required

10 minutes drawing/writing in groups and 5 minutes feedback.

Resources

- ★ Flipchart paper (3 sheets sellotaped together) – one set per group.
- ★ Felt tip pens.

Instructions

- ★ Divide the pupils into small groups.
- ★ Ask each group to nominate one person to lie down on the paper and another pupil to draw around the first person.
- ★ Once complete ask both pupils to stand up. Thank them for their help and explain to the group that the outline is now someone that they do not know. Emphasise that it is not the person who provided the body outline.
- ★ Ask the groups to take felt pens and draw or write any of the impacts they think happen when a person drinks alcohol. Some examples of drawings could include heart illustrations, cuts and bruises, wobbly legs etc.
- ★ Take feedback from each group and thank them for their participation.