



Exploration Activity: Year 9

CREATE A POSTER

Alcohol: the real deal

Approx. Time Required

This could be done during the session and can take as little or as long as you feel works for the group, or could be given as a homework task.

Instructions

Ask the class to create a poster that represents the truth about how alcohol can affect a person.

They can be as creative as they like, but just in case they need a little help, here are some suggestions on what they could include:

- ★ **How alcohol affects the body.**
- ★ **How alcohol increases the risk of accidents, injuries or being vulnerable.**
- ★ **How alcohol might lead to you breaking the law.**
- ★ **How people can have just as good a time without alcohol.**